

# Sacredly Written Sermon Notes

Capturing Heaven's Downloads, One Message at a Time

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Message Title: "It's Time"

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## Scripture Focus

### John 5:2–4 (NSAB)

"Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had."

## Sermon Summary

This message confronts the tension between desire and discipline, exposing how spiritual dissonance, halted hope, and confused capacity can delay destiny—and how divine interruption is calling us to wake up, align, and move in faith. You say you want it—but do your actions prove it?

## Do You Really Want it?

- "Deep down... how bad do you want it?"
- Jesus asked, *"Do you want to be made well?"*
- This was a question of **desire vs. discipline**—not just *saying* yes, but *living* yes.
- You can desire healing and still behave broken.
- **Inactive agreement** happens when you say "yes" with your mouth but "no" with your actions. That's spiritual dissonance.
- **Faith without alignment becomes frustration.**

## Inactive Agreement & Dissonance

- Saying you trust God but still stressing like it's on you.
- Rehearsing hurt while praying for healing.
- Calling yourself disciplined while constantly distracted.

- This creates *dissonance*—where thoughts, beliefs, and behavior don't match.

## Praise While You Push

- You might be in a season where you **fight and celebrate at the same time**.
- Shout while you struggle. Praise through the pain. Give glory while they gossip.
- God didn't bring you this far to leave you.
- Your praise proves you want it:  
*"If you want it... act like it."*

## The Man at the Pool (John 5)

- Sick for 38 years—longer than Jesus had been alive.
- Jesus didn't pick him because He liked him... He picked him because He saw him.
- **Bethesda = House of Mercy**  
But people still got stuck watching the water instead of the movement.
- *Are you watching for superstition or waiting on the supernatural?*

## Bethesda Mindset

- **Superstition > Scripture**
- Spirit of competition, comparison, jealousy.
- People watching the water instead of Jesus.
- Believing tradition over truth can leave you stuck.

## Halted Hope

- When belief still exists... but it's tired.
- **Desire + Delay = Discouragement**
- You still show up, but you don't believe like you used to.
- Trauma-conditioned faith starts calling dysfunction "normal."
- You start believing, *"This must be as good as it gets."*

## Divine Interruption

- God will **interrupt routine** to align you with your assignment.
- It's not punishment—it's **pace correction**.
- Biblical examples:
  - Moses (burning bush)

- Mary (divine pregnancy)
- Paul (road to Damascus)
- YOUR story: the delay isn't denial—it's development.

*Habakkuk 2:3*

"Though it linger, wait for it; it will certainly come and will not delay."

## Path vs. Pace

- God isn't changing your *path*—He's adjusting your *pace*.
- **You're not behind. You're being built.**
- Delay doesn't mean you missed it—it means God's strengthening your capacity.

## The Disruptive Move of God

- Disruption awakens revival.
- Jesus flipped tables. David danced out of his robe.
- God is raising up disruptors—leaders who flip tables, break ceilings, and shift culture.
- This move isn't about going viral—it's about going **vertical**.

## When Faith Is Fractured

- **Traumatized faith** still functions outwardly but is fractured inwardly.
- Not the absence of belief... just the presence of **unresolved pain**.
- Spiritual scar tissue from repeated disappointment.

## Four Types of Spiritual Conditions

- **Blind (typhloi):** Spiritually shortsighted.
- **Lame (chōloi):** Halted progress.
- **Withered (xēroi):** Once fruitful, now dried up.
- **Sick (asthenountōn):** Emotionally, mentally, spiritually drained.

"This message wasn't just about the one man—it was about *everyone still left sick*."

## Confused Capacity

- When your **calling outweighs your confidence**.
- When your **gift is bigger than your grasp**.
- You've got oil but no understanding.

- You mislabel what God gave you because it doesn't look like theirs.

"You're not lazy. You're spiritually low."

## The Wake-Up Call

- What if this isn't your season to hear, "*You're healed*"?  
What if it's your **season to wake up**?
- Stop waiting on a superstition—move in the supernatural.

## Reflection Questions

1. What is something I keep saying I want, but my actions don't align with it?
2. Where in my life do I sense dissonance between what I believe and how I behave?
3. How has halted hope shown up in my life? What dreams or promises feel delayed or tired?
4. When have I confused superstition or culture's timeline with God's truth?
5. What divine interruption might I be mislabeling as denial, rejection, or delay?
6. Where do I need to correct my pace—not the path?
7. Have I been spiritually blind, lame, or withered? What healing do I need to admit I want?
8. Am I praising like I believe it's already mine—or waiting to see it first?
9. What systems, mindsets, or strongholds is God calling me to disrupt?
10. What is my personal "Bethesda"? Where have I been laying too long?

## Personal Reflection

This sermon had me in tears THE WHOLE SERVICE. This one didn't just speak—it *shook* something loose in me.

This sermon wasn't a message, it was a mirror. A sacred check-in. A divine reset. One that made me pause and ask, "Do I really want it?" Because truthfully—I've said yes to God with my lips but kept living like I wasn't sure in my heart. I've agreed with His promises but stayed stuck in patterns that say otherwise. That's dissonance. That's spiritual fatigue. That's halted hope.

And let's be real—I've known what it feels like to be *at* the pool and still not get in. To be surrounded by potential but paralyzed by discouragement. To believe in God and still carry disappointment like it's my assignment. But He reminded me: I don't just carry pain—I carry *oil*. And it's time to walk like it.

God didn't ask me how long I've been stuck—He asked, "*Do you want to be made well?*" Because wanting healing and walking in it? Not the same. I can't say I want wholeness and still behave broken. I can't wait on the water to stir when the *Living Water* is standing in front of me calling me higher.

This message called out the survivor in me, the disruptor in me, and the worshiper in me—all at once. It reminded me that I'm not delayed, I'm being developed. That my detour wasn't denial, it was divine

interruption. That my pace is being adjusted, not my purpose.

So now, I'm moving different.

No more waiting on signs. No more rehearsing pain. No more calling dysfunction normal. I'm choosing supernatural over superstition. I'm confronting the capacity I didn't know I had. I'm waking up.

Because I don't just want it. I'm ready to act like it.